Virtualbox #flushyourmeds Scott Barry ; By Scott A. Barry / Scott A Barry / Scott Barry ...; I already Said Psych Drugs Vaccines Cause Brain Damage and Masks Do Not Work and Psychiatry is Quackery Helps No One. Organized Stalking of Targeted Individuals by Perps or Gang Stalking is Ran by Sheriff's Departments and there is much more of it in Communist Blue States such as Washington, Oregon, California where Queers, Antifa, BLM, Marxists, Cults, Liberals, all reside there is actually More Freemasons in Blue States than Red states, this is how you are being Gang Stalked by Sheriff's Departments, this is what they do, Remote Viewing, Stalking, Directed Energy Weapons, Voice To Skull, Computer Hacking if you are using a Vulnerable Operating System or Improper Conifigurations or using a Website That has a data breach or using weak passwords and no good password manager, this is just common stuff, nothing new, The Sheriff's Department does all the stalking, again various forms of targeting are used, if they cannot hack you, they will do other things such as poison you, drug you, sexually rape you whilst unconscious, yes there are Bisexual Gangstalkers, so again, these freemasons get every VIN for every car, know how to get into any lock with a simple comb pick, or electric toothbrush and pick gun, or a piece of plastic aluminum or whatever, you will notice random break ins, car vandalism, if you are on a Patriot Act Watchlist, random things and items placed in your house, you pets get killed, andom utility bills, you HOA discriminating against you, random things happen to you when on a list, being doxxed, a breach on your bank account where you have to renew debits, having to freeze your credit, your family and friends ghosting you disowning you over a fake rumour that is not true, people will believe any fake rumour that is said by Freemasons or The Sheriff's Departments when all of them we know are Human Traffickers and Low Lives themselves so they go after anyone who has Anti Communist Pro Nationalist Politics and targets them for Narcisstic Gain, this vague WL was started during The Patriot Act where people are getting break ins, getting randomly drugged and raped, Getting Directed Energy Weapons, getting Voice to Skull Harassment, getting rumours spread about them by low live freemasons that just do

that for Narccisstic gain as they get away for spreading a smear campaign of lies and this is a defamation of character of someone who simply questioned history or something like that, a defamation of character, started by low life freemasons in Government when we know Child Protective Services are the biggest Human Traffickers on Earth and never trust the Government they are not your friend, The Patriot Act is Unpatriotic, and Winston Churchhill and FDR were Traitors and you can see for yourself by watching the Twelve Part Documentary Europa The Last Battle, These Blue Democrat States do all the Stalking and Harassment also known as Gang Stalking, and it is all ran by Sheriff's Departments, Freemasons, The Government not new at all.; The Major Search Engines BC they want to shut down Holocaust Revision Websites so you need a Home Server Instead of a Registrar just to say Holocasut is Hoax.; Google, DuckDuckGo, Startpage, Seekr, Baidu, Qwant, Yandex, Archivetoday, Archiveorg, Permacc, TORI2P ...; Webarchiveorg, LOCGOV, Freenet, And That is IT ...; The System has a BIOS password with Luks Combined.; On my base system I have Arco Arch Linux latest Arcoll the XFCE one that is Luks Encrypted with an SSD, I set a root and user passwd, ippcups port is open, Mac Address is Spoofed, add the Ultimate Hosts file list on Github, Google and Quad Nine DNS 88889999 and then I obviously have Firefox, Chromium and Brave as my Three Browsers, then Ublock Origin, Privacy Badger, Decentraleyes, Canvas Blocker, RYTD, Down Them All all set to run in Private Tab Also, For An Online Virtual Machine slash VPN I have Puter Dot Com, Windows93NET, for boot utilities I have Ventoy on a USB stick, it only has two users root and user with require sudo or su to get escalated priveledges of course, also I use Tor Browser (windowed), Brave for Tor usage, then for Ventoy, Arco Linux L XFCE, Linux Mint Latest XFCE, Puppy Linux Latest 64bit, Kaspersky Rescue Disk, Clamtk for Anti Virus, Wine Emulator makes us less

secure but I run WinHTTTrack for downloads, then DOSBOX Emulator, then for chats I use webliberachat, IRC, sms, phone, kiwiirc, dalnet, jitsi, I never use Zoom, because I am simple, of course for email protonmail and gmail which my gmail got breached by a script kiddie so I moved stuff over and paypal I closed it, because a scammer kept spamming me with random money requests and stuff, I of course archive everything with emailondeck permacc archivetoday webarchiveorg, then I go to outlook, tutanota, mailfence, mailcom and create dump accounts witha temp phone or burner even with a prepaid visa, you get a prepaid sim and a twenty dollar phone, then of course for Virtual Box I have Two Major Live Operating Systems with Four Gigs for the RAM and Those LIVE OSES are Puppy Linux Latest and Linux Mint XFCE Latest in a folder ("Virtualbox-iso-tar") then for that one is titled "linuxmintxfce", "BookwormPup64", and for main text editor I use Kate, I use Ark instead of File Roller on Arch Linux, I update my whole system with the commands "pacman -Syu -Sc" then I removed all the obnoxious things from the whisker menu, Startup items are only this : Netman, Policykit, Power Manager, PulseA, Snap, Xapp, Notify,

Screensaver, Settings, I obviously had to disable baloofile because its proprietary, I have no blanking on the system, I use only ssds and solide state, I never use NTFS, Just a Verbatim and Samsung T7, with fat32, efat, luks, ext4, and those are the only good practical filesystems BC I am still sometimes forced to use Windows BC I have no money, also Mv other Virtual Machine in Virtualbox is just Kali Linux with a LUKS Encryted Volume to encrypt it all, it it I set a root and user password also so I have one LUKS installed in Virtuabox for Kali Linux, I stay away from Script Kiddie stuff, but you people can test out software and hopefully get it patched, so again, always update your software to the latest SixtyFour bit version and stop panicking all you have to do is update your kernel and all your software, the only mistake you are making is running deprecated software, and again Virtual Machines are great as it is Virtual Hardware and if you get the FBI lock Ransomware it goes on your firmware on various firmwares and

the only option is to get rid of the computer as replacing the

BIOS chip does not help either, getting a new BIOS does not prevent the BIOS lock from rehappening again, BC it is installed

on various firmwares on your computer, it locks your BIOS with

FBI lock even when you keep reinstalling a new BIOS chip in your

computer, so I would get rid of the computer, many techs will tell

you the worst ransomware ever made was FBI Lock found on the Dark

Web and sold on the Dark Web, as it locks your BIOS and attaches

itself to several firmwares and softwares and even your hard drive

firmware, so even if you reinstall a new BIOS chip it will readd

itself to the BIOS ROM basically locking your computer with BOGUS

message on your computer screen, when we know The FBI would never

in their right mind do that to someones BIOS of their computer and

lock their bios making their computer unusable and unable to reinstall

Windows or Linux due to a BIOS lock, it goes on various firmwares on

your computer basically readding itself to the BIOS, there were these

people on The Pirate Bay that were spreading The FBI Lock Ransomware

that locks your BIOS and even relocks it when you reinstall a new BIOS

chip on your computer, that is Because there is a FBI lock in ten other

firmwares on that computer it even infects USB flash drives on the firmware

and Network WiFi adapters on the Firmware, Doctors today will not trust USB

Flash Drives because they have bad firmware on them, and even paper has to

be scanned in and cannot even be trusted, and Optical is no longer trusted

as well, so your only option of communication is printing out ascii from

say notepad.exe onto paper and handing it out that way and that is it,

the real world only accepts plain ascii on paper from Notepad.exe or Kate

Text Editor and that is all the real world accepts as for solid state

drives it is a remarkable technology better than optical due to disk rot

and even when you get the good archival disks it is false advertising and

the disks go bad even when they are labeled archival format plus you have

to burn at the slowest speed or you'll loose your data so ten solid state

drives was literally the best option with exfat and fat32 as the only file

systems, because NTFS has flaw where it goes full R^{*****} and formats itself

and the only good file systems windows ever made ere fat32 and exfat and that is it and I use Linux so I only use ext4 and LUKS on Linux and that is it, that is all I will ever use and BSD filesystems are trash unlike what they claim they are, if you install GELI or UFSZFS and do an odd shutdown just once by probability you will be unable to recover your data and you will permanently loose your data from a crappy UFS or ZFS filesystem and you will have to go through all these hoops just to get your files back and not only that I can guarantee you all the communities are BIASed and ext4 and LUKS will always be better filesystems because BSD has too many lines of code, is not truely open source, and only works good as a server and that is it, most phones run Linux, if you want your phone to be malware free, degoogle it, do not link an email, only install about five FDRIOD F-DRIOD APK files on it along with netquard, keep them out with an alphanumeric Password, Disable Bluetooth, enable power save mode, disable all the tracking

features in the settings, remove all the major apps that are trackers and you can only do that on certain phones such as LG G4 or Journey just disable all the trackers on other phones you have to root it, otherwise just install Graphene OS for a better phone, do not link an email or any info to the phone as that compromises you, never use bluetooth or WiFi, use only mobile data under with netguard blocking the apps, of course netguard is slow so use something better such as iptables or pfsense if you can when you finally install Graphene OS on that phone, and again if you want a pen testing phone, you can install Kali Nethunter on it, but again this is a waste of time, anything with an IMEI Number is a tracker, right now I am using a Desktop running Linux instead, and typing into Kate Text Editor with gedit, leafpad, genie, nano, as my other text editors, and lastly I get that in Windows there is Notepad++ and then anything with an IMEI Number is a tracker you can get a more based phone with No IMEI Number as Rob Braxman started his own and Desktops running Arch Linux are just better and do the ultrasonic tracking and crap, so I put my phone in a Faraday Bag when I sleep or am not using it and it goes to voicemail and I then schedule calls instead because the thing is just a damn tracker you cen get a block it pocket real easily or a wisdompro Faraday Bag for your phone with humanfirewallcom rayquard Swiss Anti Scalar protectors, it is not hard to do, and again this not hard to do any of this stuff, so again for my dad's computer he runs KDE Ubuntu The KDE version we updated it to the latest then set the fonts to very large for old timer use set accessability for him an everything and that worked out fine for a bit then Ubuntu required us to upgrade in order to get support unlike Arch so Canonical is a proprietary *** and everyone knows that so it is not new at all ET ALL ET ALL; --Scott Alan Barry , The Atheist Holocaust Denier Dunce

--Scott Alan Barry , The Atheist Holocaust Denier Dunce that sucks;